

Dr Manjunath R.M

Dr Manjunath R.M is a Holistic Health Practitioner at SOUKYA International Holistic Health Centre, Bengaluru. He holds an MBA in Health Care Services and BNYS (Bachelor of Naturopathy and Yogic Sciences) from Rajiv Gandhi University of Health Sciences. In addition, he is also a Junior Research Fellow in ICMR, AIIMS, New Delhi and Medical officer, Jagalur Govt Hospital, Department of AYUSH, Jagalur. As a health practitioner Dr Manjunath specialises in providing yoga sessions, personal yoga sessions in SOUKYA International Holistic Health Centre and advocates the importance of holistic health by conducting wellbeing workshops on “Naturopathy and Yoga”. Some of his sessions also include Acupuncture, Acupressure, Reflexology, Nutritional Counselling, Fasting therapy. Hydrotherapy and Mud therapy treatments for various disorders.