

## **Dr Niveditha Srinivasamurthy**

Dr Niveditha Srinivasamurthy is an Ayurveda Specialist who obtained her BAMS degree from Government Ayurveda Medical College, Bangalore and MS(CP) Masters in Counselling and Psychotherapy from Kuvempu University, Shimoga. With over 13 years of experience, as an Ayurveda Practitioner, Dr Niveditha has worked in many reputed institutions all over the country like Sri Ayurveda Panchakarma (as Medical officer and panchakarma unit head) across India including Delhi, Noida, Jalandhar, Chennai and Bangalore.

She specialises in Women's Health, Senior Citizens Pain Alleviation and Clinical Counselling for General Health and Stress Management. She has had over 120 appearances on various Health Channels in Kannada for imparting awareness on Ayurvedic approach to tackle key health issues. Apart from this Dr Niveditha Srinivasamurthy is also a key member of various professional bodies for promoting Ayurvedic Approach including "Agnivesha" and "Ayush".